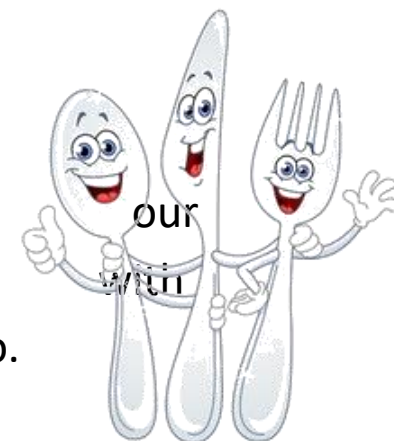


# EYFS snack time



Snack is the time in the session when we wash our hands; sit down with groups of friends and we try new foods; we share favourite foods and we practise eating cutlery. Sometimes we might practise chopping, mixing and preparing the foods too.

## Week 1 (4/01, 16/01, 30/1)

Monday	Tuesday	Wednesday	Thursday	Friday
fruit milk/water/fruit juice crumpets	fruit milk/water warm cheese and onion rolls	fruit milk/water cheese, cucumber and crackers	fruit milk/water jam sandwich	fruit milk/water natural yogurt biscuit

## Week 2 (9/01, 23/01, 6/02)

Monday	Tuesday	Wednesday	Thursday	Friday
fruit milk/water/fruit juice toast	fruit milk/water garlic bread	fruit milk/water humous, breadsticks and vegetable sticks	fruit milk/water cheese, ham or plain wrap	fruit milk/water pancakes



\*\*\*\*\*Changes to menu: Chinese New Year week beginning 23/01\*\*\*\*\*