

Ideas for what to do for motor skills and handwriting at home

Handwriting

Hand over hand modelling (hold child's hand to guide them)

Tracing, felt tip pens, chalk, paintbrushes, sand/flour/talc, sticks in dirt

Soap crayons in bath

Fine Motor Skills

Fizzy leaflets

Clothes pegging laundry – onto real washing line, onto bottom of t-shirts, onto stuffed animals...

Find things by feel in sand/rice/bubbly water (describe to them what to feel/they describe what they feel)

Cutting (old Christmas cards, pictures from magazines...)

Playdough pinching, stretching, squeezing

Practice buttons and laces and zips

If you have sewing materials at home, make strips of cloth with buttons on one end and button holes on the other to make reusable "paper" chains